

VARSITY FINALS SEEDING FORM

EVENT: 100 200 400 800 1600 3200
 (circle one)

100 Hurdles 4x100 Relay 4x400 Relay High Jump Long Jump Shot Put

DIVISION: TG GG BG MG JG

(circle one)

TB GB BB MB JB

LAST NAME _____ **FIRST** _____

TEAM: CAM ELR FIL MP NP OJ OX SP TO VEN

(circle one)

SEEDING MARK _____

(round upward to 1/10 sec. round down to nearest cm.)

DATE & LOCATION FOR MARK _____

(must be listed on a dual/triangle meet varsity results sheet)

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